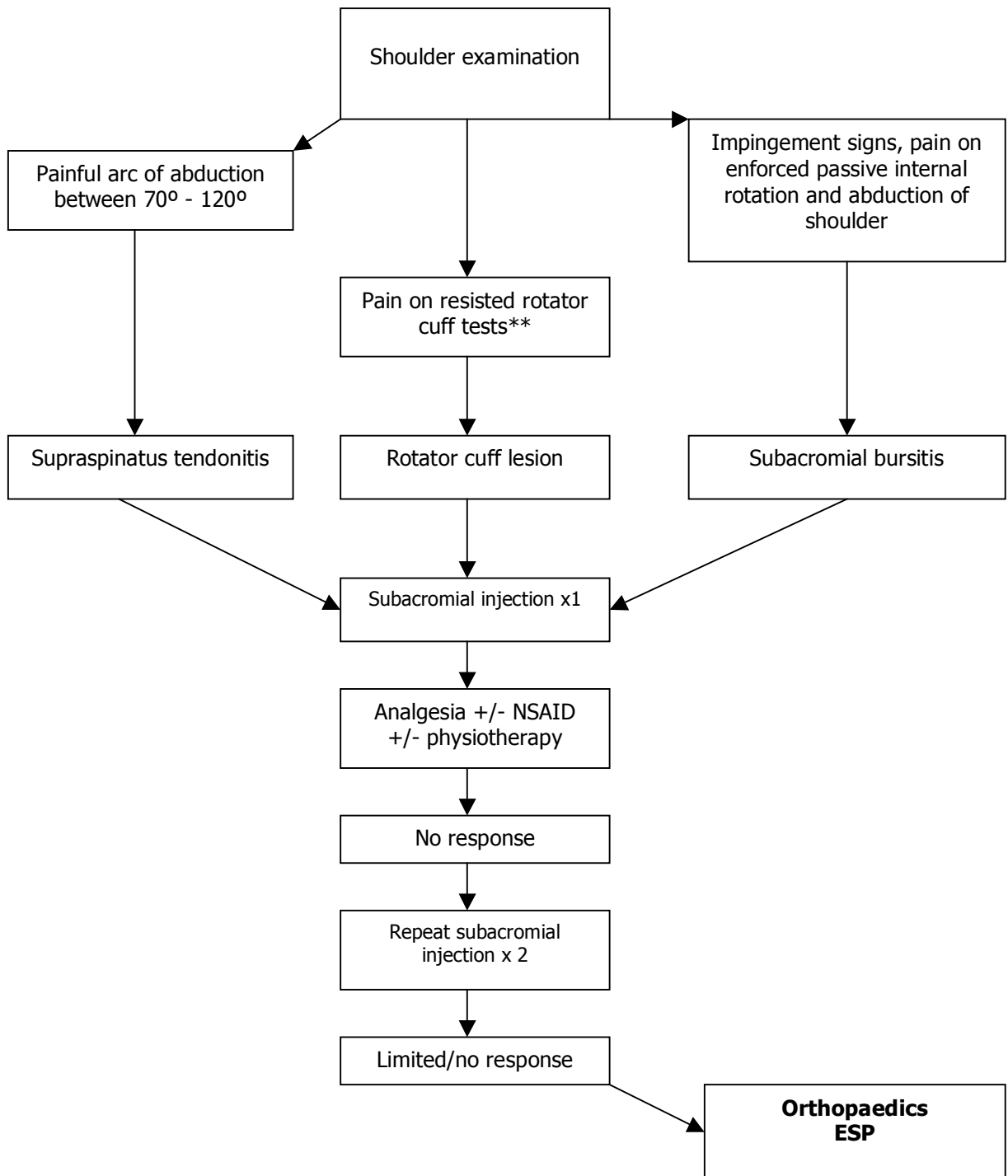


## Shoulder Pain I



\*\* Tests to detect lesions of specific tendons in and around the rotator cuff

**Tendon**

Supraspinatus  
Subscapularis  
Infraspinatus/teres minor  
Biceps

**Test**

Resisted (isometric) abduction with arm abducted to 90°  
Resisted (isometric) internal rotation  
Resisted (isometric) external rotation  
Resisted (isometric) supination with elbow flexed at 90°