Elbow Pain

Elbow pain non traumatic

Swelling

NO

Pain + tenderness localised medially
Golfers elbow
Pain worse on resisted wrist flexion

Lifestyle modification, analgesia +/- NSAID +/- epicondylitis clasp or band
Consider ARC patient information leaflet

No response

Local steroid injection x 2 (max) at 6-8/52 intervals

No response

Physiotherapy

ESP

YES

Joint swelling

NSAID

No response in 2 weeks

NSAID

Consider aspiration to exclude infection

Treat if infection

Local steroid injection if no infection

No sign of infection

Rheumatology

Orthopaedics

Olecranon swelling

Olecranon bursitis consider infection gout >65 yrs

No response

No response