Dupuytren’s Disease

Dupuytren’s disease

- Nodular disease confined the palm - no F/H - no disability - observation only

- Young patients with strong family history require close observation

- PIP joint contracture > 30° or more
- Table top test +ive: Patient cannot get fingers and palm flat
- Occasionally only MCP joint contracture 30° or more

- Routine referral

- Elderly/Infirm Patients unfit for anaesthesia – No action

Orthopaedics